



# THINGS TO KNOW:

## FRIDAY SEPT 21

**PARKING:** Use resort parking. Tell gate keeper you're with the Spa Girl Tri

**PACKET PICKUP:** 2-7:30PM; Hyatt Lost Pines Main Lobby. We're located on the 2nd floor!

**EXPOTIQUE:** Shop our vendors including Austin Tri Cyclist during Packet Pickup!

**RACE INFO MEETING:** 7:30pm at Baron's Ballroom. Not required but helpful for our first time triathletes

**TRANSITION AREA:** Closed on Friday. Set up Transition Saturday between 5am-6:30am

### Questions:

Can someone else pick up my packet? YES

Will the check in desk or resort have my packet? NO

Can I set up my bike in Transition on Friday? NO (see above)

### Notes:

PLEASE BE CAREFUL MOVING YOUR BIKE AROUND THE RESORT!! Please also clean the bike before moving it around in the resort so we keep the resort clean and damage-free.

## RACE MORNING SATURDAY SEPT 21

**PARKING FOR NON-RESORT GUESTS:** Please arrive early and park by golf clubhouse, otherwise don't plan on leaving until the bike portion is finished

**RESTROOMS:** Plenty throughout the resort including large ones near packet pickup

**COFFEE/SNACKS:** Hyatt Lost Pines will have their gift/coffee shop open early

**TRANSITION AREA:** Open 5am-6:30am. **ONLY TRIATHLETES ARE ALLOWED IN TRANSITION AREA**

**TIMING CHIPS:** Located right outside of transition area (see map)

**BIKE TECH:** Austin Tri Cyclist will be there to assist on simple bike issues and check your bike in Transition.

**SWIM:** Please bring your own towels if you need one post-swim.

**BIKE:** HELMETS ARE STRICTLY MANDATORY due to safety.

**BIKE:** Earbuds are strictly forbidden during bike portion due to safety.

**RUN:** Please stay on the marked path

**RUN:** Hydration is available on the run course (water/Gatorade). If you require other nutrients, please carry it with you.